

## A STUDY ON THE INFLUENCING FACTORS OF DANCE TROUPE PERFORMERS' PARTICIPATION IN CONTINUING EDUCATION

Linqian He<sup>1</sup> and Yimin Gao<sup>2</sup>

Chinese Graduate School, Panyapiwat Institute of Management

Received: October 18, 2022 / Revised: February 3, 2023 / Accepted: February 13, 2023

### Abstract

In all kinds of education, continuing education is one of the effective ways for people to continue learning. In recent years, with the continuous improvement of the level of continuing education, the number of people and groups who choose continuing education has been greatly improved. In order to explore the current situation of dance troupe performers' participation in continuing education, this paper investigates 10 dance troupe performers through questionnaires and interviews, and analyzes the influencing factors and difficulties of their participation in continuing education. Through the study, it is found that the influencing factors of dancers' participation in continuing education mainly focus on learning time, educational effect, achievement motivation, personal ability, family expectations, social industry needs and so on, which provides a real sample analysis and value consideration for improving the current situation of dancers' participation in continuing education.

**Keywords:** Dance Troupe Performers, Continuing Education, Influencing Factors

### Introduction

#### Background of topic selection

Continuing education is important, the state and society attach importance to education and talents, and vigorously develop continuing education is the trend of the times, which is the proper meaning of improving the national level and comprehensive quality of departments. Continuing education is the education of all members of society after school education. With the development of continuing education, its scale has gradually expanded, the purpose of education has

quietly changed, and the members of education have expanded from engineers to all members of society. Continuing education can cultivate new talents needed by the country and society, serve the society, the country and individuals better, and play an important role in the country, society and individuals (Jia, 2003). It is important for dancers to receive continuing education. Under this trend, the dancers who need to improve their educational level can receive continuing education to improve their overall quality, which can show a more professional image

in front of the public, bring people a more exciting visual feast, help to enhance people's aesthetic and optimize entertainment culture. Therefore, there is an important background for the study of the influencing factors of continuing education for dancers.

### **Definition of relevant concepts**

#### **1. Actors of the dance troupe**

Dance troupe performers are a division of cultural and artistic performers of technical talents, which is the name of professional norms for staff who use rhythmic body movements and certain performance skills as the main means of expression to shape artistic images.

#### **2. Continuing education for dancers**

“Continuing education”, as its name implies, is a continuous state and process, which runs through the whole process of a person's life, is a forward-looking form of modernization and popularization of education in today's era, and is also an important means of educational development and reform, especially referring to the knowledge and skills of people who have certain work experience or social experience. It is a high-level additional education for professional and technical personnel to update, supplement, expand and enhance their knowledge (Wang, 2015).

### **Objective**

The objective of this paper is to explore the influencing factors of dance troupe performers' participation in continuing education.

### **Literature Review**

#### **The current situation of continuing education for dancers in dance troupes**

With the stable development of our society, the level of education has been greatly improved, in turn, the improvement of the level of education has promoted the skill level of all kinds of technical personnel.

Taking the dance performing arts industry as an example, according to the China statistical yearbook (Ning, 2019) issued by the China Statistical Bureau in 2019, by the end of 2018, the number of artists in China had reached more than 2 million, of which more than 192000 were dance performers. Among these dancers, the number of people with undergraduate education level only accounts for about 20% of the total, and the number of people participating in continuing education accounts for 30%.

#### **Factors affecting the continuing education of dancers in dance troupes**

In the current research at home and abroad, this study refers to the influencing factors of other groups participating in continuing education by scholars, and on this basis, analyzes the influencing factors of continuing education of dancers in this paper, which are summarized as six items, namely, achievement motivation, personal ability, family expectations, social environment, educational effect, and learning time.

### Countermeasures and measures for dance troupe performers to receive continuing education

1. For achievement motivation, it is suggested to improve self-efficacy. Self-efficacy is the sense of achievement in the process of personal growth and development. When an individual is satisfied with his achievements in the field under his jurisdiction, he will be willing to continue to study and further study, and will be willing to study deeply and actively in the case of strong learning ability. Self-efficacy is an important source of career ambition, which can not only devote oneself to work, but also balance the worries and helplessness in work and life, and have a higher pursuit for the future. Therefore, dancers with higher self-efficacy are more willing to participate in continuing education.

2. In view of personal ability, it is suggested that leaders should pay attention to it and give affirmation to those with outstanding ability. Excellent dancers are undoubtedly the precious human resources of the country and society. The leaders of the units fully affirm the outstanding and professional performers in the dance team, and report on the achievements, hold relevant commendation activities or encourage them to maximize their personal strengths, participate in continuing education and carry forward their strengths. To achieve new development and breakthroughs in the cause of dance performance and contribute more excellent works.

3. In view of the social environment, it is suggested to increase the income of

funds and appeal to the government to invest in education. The country is vigorously developing education, in the contemporary society thirsty for talents, in order to improve the performance level of dancers, the government has increased financial allocation for the education of dancers, increased investment in training funds, and ensured a reliable and stable source of training funds. In addition, the government should supervise the relevant funds, make special funds, strictly supervise and check, create a good learning atmosphere for dancers, so that capable, resilient and daring dancers can make the best use of their talents in the social environment. In view of the learning effect, it is suggested that the teaching mode of continuing education should be reformed to improve its practicability. In the process of receiving training, dancers participate in interaction, enhance their professional knowledge and skills, actively ask questions and strive to supplement relevant theoretical knowledge, so as to stimulate their enthusiasm and initiative in learning to the greatest extent, integrate theory with practice, achieve better learning results to the greatest extent, and stimulate more dancers to participate in continuing education.

### Research Review

Through combing inductive analysis can be seen for dancers to participate in continuing education research started late there is no specific research typical case the lack of scientific and systematic theoretical research from the existing research results to

see dancers for the study of relevant research very little not yet appear more authoritative theoretical results while the lack of large-scale systematic research. The selected research objects are not wide, lack of field research, and mostly review and investigate the existing materials.

Therefore, this paper attempts to explore the factors affecting the participation of dancers in continuing education, through questionnaires to understand the willingness and attitude of dancers to this type of

education, so as to analyze the actual needs of dancers to participate in continuing education.

### The innovation of this paper

At present, the research on the influencing factors of other groups' participation in continuing research tends to be mature, but the research on dancers is still in the exploratory stage, which can be said to be a new field. Therefore, the innovation of this paper is as follows: In terms of research content, it makes up for the relevant research on the participation of dancers in continuing

education in theory and practice, provides more research possibilities, and also provides ideas and references for future generations to make relevant research.

### Methodology

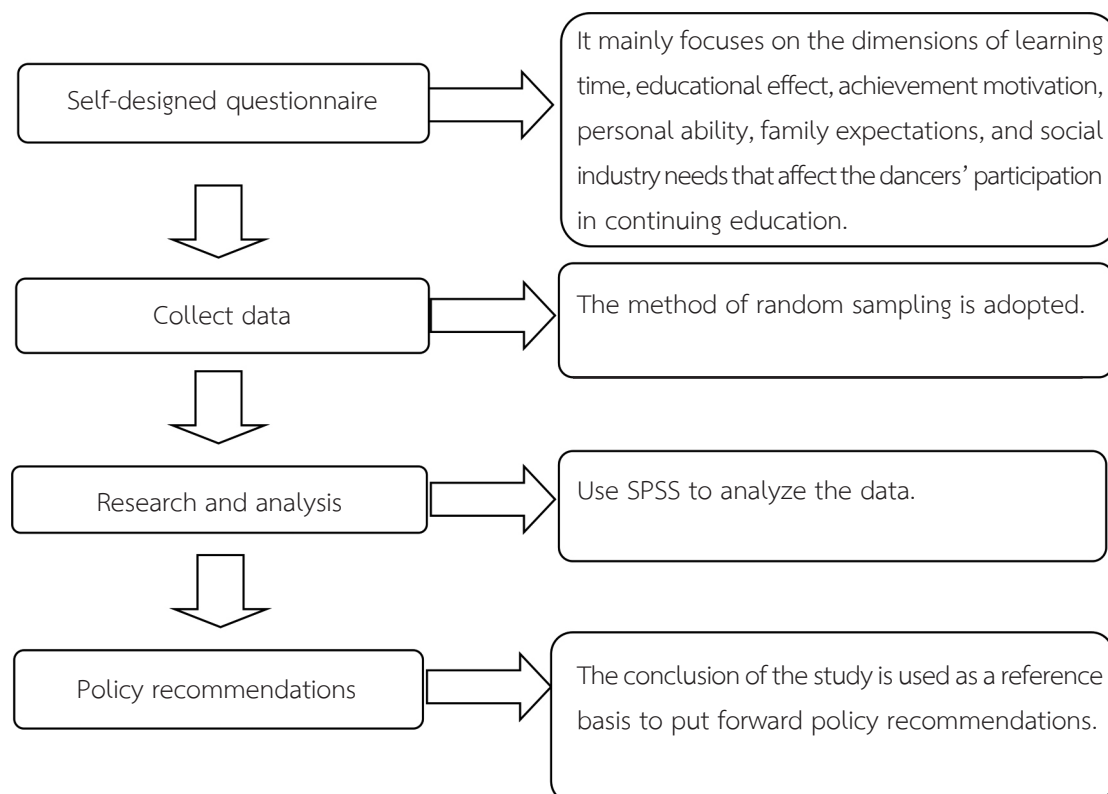


Figure 1: Research ideas

My research train of thought is based on the basis of literature research and current situation investigation, after initially determining the six influencing factors that affect the continuing education of dancers, I designed a questionnaire, and then collected data by issuing questionnaires to the sample, and through random sampling method, using SPSS to study and analyze, and then comprehensively consider the necessary influencing factors. The conclusions of the study are used as a reference basis to put forward policy recommendations.

Survey object through questionnaires and interviews, this paper investigates the dancers in three dance troupe studios, including five male and five female dancers, five of whom have worked for less than five years, three of whom have worked for between five and ten years, and two of whom have served for more than ten years. The samples of this survey come from three different dance art troupes with different levels of influence in China, thus ensuring the multi-selectivity and effectiveness of the samples.

#### **Literature research method**

The time of this survey is mainly from July to August 2020. In the process of formulating the content of the survey, first of all, determine the respondents, through the network to understand the distribution and influence of local dance troupe studios, the number and level of actors, so as to determine the respondents. Then, through a large number of literature studies, the main influencing factors of dancers' participation in

continuing education are extracted, and the influencing effects of such influencing factors are investigated and consulted by means of network and telephone, so as to determine the influence of various influencing factors and provide the basis for the formulation of questionnaires.

#### **Questionnaire survey**

On this basis, a questionnaire was formulated, which included six questions, mainly focusing on six factors affecting the participation of dancers in continuing education, including learning time, educational effect, achievement motivation, personal ability, family expectations and social industry needs. Six survey questions were consulted for each interviewee, and the interview questionnaire was filled out for each interviewee. The whole process of the interview and the voice recording were recorded and saved to facilitate the information checking after the interview.

#### **Statistical analysis method**

Using SPSS software to collate and analyze the data of interviews, this paper analyzes the six factors that affect the dancers' participation in continuing education, including learning time, educational effect, achievement motivation, personal ability, family expectations, and social industry.

#### **Results**

This paper adopts a mixed research method, starting from the investigation of the current situation of the dancers' acceptance of continuing education, to investigate and analyze the six factors that affect the

dancers' participation in continuing education, namely, learning time, educational effect, achievement motivation, personal ability, family expectation, and social industry. In addition, through literature review and actual investigation, a scientific questionnaire was developed and field research was conducted. Finally, according to the analysis of the influencing factors of dancers' participation in continuing education, this paper puts forward

some countermeasures and suggestions to encourage dancers to participate in continuing education.

### Discussion

After interviewing 10 dance troupe performers (Table 1), the questionnaire was statistically analyzed, and the statistical analysis table of the survey was formulated, as shown in Table 2.

**Table 1** Survey Sample Information

No.	Name	Gender	Work Unit	Education Level
1	Xie Suhao	Male	China Song and Dance Ensemble	Undergraduate
2	He Liu	Female	China Opera and \Dance Drama Theatre	Undergraduate
3	Hua Xiaoyi	Female	Beijing Dance Academy Youth Dance Company	Postgraduate
4	Mei Yuxuan	Female	Railway Art Troupe	Undergraduate
5	Chen Xi	Male	Railway Art Troupe	Undergraduate
6	Wu Shuai	Male	Beijing Dance Academy Youth Dance Company	Postgraduate
7	Wang Zihan	Male	Beijing Dance Academy Youth Dance Company	Postgraduate
8	Jia Siyue	Female	Beijing Dance Academy Youth Dance Company	Undergraduate
9	Wang Zan	Female	Beijing Dance Academy Youth Dance Company	Undergraduate
10	Yao Liang	Male	Beijing Dance Academy Youth Dance Company	Undergraduate

Sample introduction: The 10 samples are all dancers in active service. There are 5 male and 5 female dancers. They come from

4 national dance troupes in the first echelon of China. They are all the main performers of each dance troupe.

Table 2 Statistical analysis of interview survey

No.	Study Time	Educational Effect	Achievement Motivation	Improve Personal Ability	Family Expectations	Social Industry Demand
1	Weekend	Poor pertinence	Positive impact	No improving	Expectations are high	Very much needed
2	Anytime	The effect is average	Impact	improved	Expectations are high	needed
3	Night	The level is not high	Positive impact	improved	Expectations are medium	needed
4	Weekend	The effect is average	Positive impact	improved	Expectations are high	needed
5	Weekend	The form is single	Positive impact	No improving	Expectations are average	needed
6	Anytime	The concept is backward	Positive impact	No improving	Expectations are high	needed
7	Night	Poor practicality	Impact	improved	Expectations are average	needed
8	Night	The effect is average	Positive impact	improved	Expectations are average	needed
9	Weekend	Poor pertinence	Positive impact	No improving	Expectations are average	needed
10	Anytime	The effect is average	Positive impact	improved	Expectations are medium	needed

Through the statistics in Table 2, it is found that among the six factors affecting the participation of dancers in continuing education, the effects of each factor are different. Firstly, as far as learning time is concerned, the respondents basically choose to study in the evening and on weekends. During this period, they have less work pressure and tasks, so they can learn more easily and have little impact on dancers' participation in continuing education. Secondly, as far as the effect of continuing education is concerned, the feedback of its educational effect is generally poor, and the reasons are different, which also makes many dancers lose trust in continuing education and has less impact on dancers' participation in continuing education. Thirdly, as far as continuing education is concerned, the respondents all think that it has an impact on their own growth, and most of them think that it has a sustained impact, which is an important factor that can motivate dancers

positively. Fourthly, there are two different results for improving personal ability. 60% of the respondents think that it is helpful to improve personal ability, and 40% of the respondents think that it is ineffective to improve personal ability. Therefore, personal ability is one of the important factors affecting dancers' participation in continuing education. Fifthly, as far as family expectations are concerned, respondents generally believe that families have certain expectations for individuals, of which 50% have higher expectations, so family expectations will also constitute an important factor for dancers to participate in continuing education. Sixth, as far as the needs of the social industry are concerned, all the respondents believe that continuing education is very necessary for the development of the dance field. Only when the professional quality is constantly improved, can the development of the industry be better. Therefore, the needs of

the social industry have an important impact on the participation of dancers in continuing education. Most interviewees think that the effect of continuing education is not good, but it has a positive impact on their own achievements and development. At the same time, participating in continuing education is also the need of the current development of dance industry and their own career and skills. To sum up, among the six factors, the more significant factors affecting dancers' participation in continuing education are achievement motivation, personal ability, family expectations and social industry needs, which can promote the continuing education of dancers to meet the requirements of lifelong learning, make their knowledge keep pace with the times, treat their work seriously and responsibly, and in a certain field. They can constantly improve their professional ability and level by improving themselves and participating in continuing education. It will bring a visual feast with a higher level and cultural background to the public and the industry.

The effect of time and effect on the participation of dancers in continuing education is not significant. Through convenient network teaching and other forms, it provides the instantaneity and interactivity of learning, and maximizes the full use of the actors' spare time. In order to save time for dancers to the maximum extent, the network teaching method is adopted to observe and guide the students' learning remotely. In addition, higher level professional courses can be taught

according to the actual needs of students, so as to maximize the use of learning time. Actors can allocate and manage appropriate learning time, and through peer incentives and teacher supervision, they can achieve the purpose and effect of improving their knowledge level.

Therefore, from a practical point of view, to give full play to the four positive factors of achievement motivation, personal ability, family expectations and social industry needs, in order to guide the dancers to receive continuing education, we can establish a corresponding incentive mechanism to encourage the dancers to combine their own reality and pertinently. So as to enhance their achievements in continuing education, So as to promote the development and growth of education in our country, and enhance the overall quality of dance troupe performers to adapt to the rapid changes in society.

In addition, the educational level of the dancers in the dance troupe is uneven, and some of them are not highly educated, so they have the need and desire to improve their academic qualifications, but they have not tried or no one around them has set an example, so they can only wait and see for a long time and cannot make up their minds to make the choice of whether to accept continuing education, and this study can also provide practical guidance for them.

In a theoretical sense, in the field of continuing education, the group currently involved in the study of continuing education There are few or even blank studies on the continuing education of dancers in dance



troupes in China, and this study can provide some data support for related fields, and also provide some theoretical guidance for dancers to participate in continuing education, and provide reference for future generations to study related fields.

## Conclusion

The questionnaire interview lasted 2 months, starting from the determination of the survey background, analyzed the main influencing factors of the dance troupe actors to participate in continuing education, and finally determined six types of influencing factors, analyzed the statistical analysis results of the interview, we can find that the influence of each factor on the dance troupe actors to participate in continuing education is different. The common problem is that the effect of continuing education for dancers is not ideal, but it has a positive impact on personal achievement and development. At the same time, participating in continuing education is also the need of the current social industry development and self-development.

Generally speaking, the main factor affecting the continuing education of dancers is achievement motivation. Any dancer in a dance troupe hopes that he can make achievements in the dance industry, better apply new knowledge to the actual performance, and then broaden his knowledge. Therefore, achievement motivation is an important factor affecting the participation of dancers in continuing education. Under the background of the continuous improvement of people's

appreciation level and the fierce competition in the industry, dancers must improve their dancing skills if they want to achieve higher achievements; In addition to the factors of personal ability, in the current social background of a large number of dance performers, the level of personal acting skills of actors often determines the upper limit of a person's development. Therefore, many dancers have chosen to participate in continuing education to improve their dancing skills, enhance their personal abilities, and maintain competitive advantage in the industry, which belongs to the desire and urgency to enhance their personal abilities; The second is the family expectation factor, which expects individuals to improve their professional accomplishment through continuing education, on the other hand, to obtain more material rewards, as well as opportunities for continuous promotion in their careers. With the continuous development of society, dance audiences have higher and higher requirements for the level of dance acting skills. The development of the industry requires dancers to maintain their enthusiasm for learning and constantly improve their skills. At the same time, the society attaches great importance to academic qualifications. In the face of the pressure of survival, continuing education can be used as a way to break through the status. Therefore, it also needs the tolerance and support of all walks of life in the industry and the open attitude of actors to participate in continuing education, constantly broaden the channels of participation, coordinate the allocation

of time, and maintain a positive attitude to improve themselves.

### Research Prospect

Dance continuing education, as a new trend of new education mode, is in line with the law of education development and the basic national conditions of socialist construction. As the backbone of social and cultural construction and spiritual construction, it provides a reasonable basis and realistic direction for the healthy development of dance art education (Wang, 2015) This paper studies this issue, which can better serve the development of the times. As a valuable asset of the construction of spiritual civilization in China, dancers' participation in continuing education is also an important manifestation of adapting to economic and social development.

In the future research, this paper expects to explore the current situation and influencing factors in line with the actual development of Chinese dancers, and to encourage more excellent dancers to participate in continuing education on the basis of China's specific national conditions. In the future, this paper will also explore the demand, motivation and attitude of dancers participating in continuing education, and investigate the satisfaction and promotion strategies of dancers participating in continuing education on the basis of the original. It is believed that in the future, more and more scholars will focus on the group of dancers, follow the law of continuing education, integrate the national conditions of our country, and explore the path to motivate dancers to the greatest extent.

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**Name and Surname:** Lianqian He

**Highest Education:** Master of Arts, Beijing Dance Academy

**Affiliation:** Panyapiwat Institute of Management

**Field of Expertise:** Dance Performance and Dance Education



**Name and Surname:** Yimin Gao

**Highest Education:** Ph.D. (Comparative Education), Beijing Normal University

**Affiliation:** Panyapiwat Institute of Management

**Field of Expertise:** Education Science